



Freightbook was launched in July 2009 as a new concept of linking forwarders together at a low-cost and as an alternative to a traditional freight network.

Since then 1500+ companies in 140+ countries have registered with Freightbook and are promoting their services on a global scale whilst at the same time driving traffic to their

In 2016, Freightbook was re-launched with a fabulous new feature inspired by the fact that an essential element to any online



We understand that one of the main challenges in our industry is the lack of training and staff development, especially with new and young staff members. Practical 'on the job' experience needs to be paired with theoretical knowledge, as this leads to a deeper understanding. However, specialist training courses and workshops are often expensive and involve travel and time away from the office. So, we are delighted to introduce you to our own custom-built FreightBook eLearning Platform, which incorporates a comprehensive 6 module online training program.

The clear and highly effective video based training includes narration, graphs, diagrams, video footage and photographs. When completed, the user will understand the practical, operational and engineering aspects of heavy transport and lifting projects.

FreightBook works hard to develop new registration benefits and has invested in both the bespoke training and the eLearning platform so that it can be provided at a heavily reduced rate.







# Our custom built eLearning Platform incorporates a comprehensive 7 module online training program.

Besides the benefits of not having to travel to a training centre and sit in a classroom for long periods, there are additional advantages to eLearning such as being able to stop the training at your convenience and start again when you are ready.

We have taken this a step further by breaking the training into 10 minute sessions which will be long enough to get an important point across but short enough not to disrupt your day.

The training includes 11 multiple

choice tests to ensure that each subject has been fully understood before continuing to the next topic.

Each registered user receives a personal log-in so that they can train at their own pace.

There are no deadlines and upon completion, an e-Certificate is sent via email which can be downloaded, shared and printed immediately so that the user can verify their training to clients and officials quickly and easily.



## MODULES

Here is the schedule of modules and sessions.

## **MODULE 2:** DIMENSIONS, WEIGHTS & FORCES

Session 1 Gravity & Forces Session 2 Laws of Newton & Archimedes

Session 3 Principle of Moment Session 4 Wind & WaterForce

Session 1 Transporters & Trailers

Session 2 Principle Working (1) Session 3 Principle Working (2)

Session 4 The Stability Area (Plan View)

Session 6 The Equalizing Effect

Session 7 The Stability Area (Side View)

Session 8 Pull Type & SPMT Capacities

Session 9 The Differences Are Getting Smaller

Session 10 Steering Capabilities

Session 11 Naming Conventions

Session 12 The Goose Neck

Session 13 GroundPressures

Session 15 Hydraulic & Structural Stability (1)

Structural Stability (2)

(Turn Tables)

Session 18 Long Load Vehicles

## **MODULE 4:**

Session 1 Types Of Cranes

Session 2 What Is A Crane

(Principle Of The Lever)

Session 3 Principle Of The Hoist

Session 4 The Load Chart

Session 5 Types Of Lifts (Keeping The Load Level)

Session 6 Lifting With 2 Cranes

Session 7 Tailing Arrangements

Session 8 The Tailing Frame

Session 9 Ground Pressures

Session 10 Load Spreading Options

Session 11 Rigging Forces (1)

Session 12 Rigging Forces (2)

Session 13 Spreader Bars and Lift Beams

Session 14 A Complex Lift Made Easy

Session 15 Super Lift Attachments

Session 16 Stability Of The Load

Session 17 Erecting Wind Mills

Session 18 The Lift Plan

## **MODULE 5:**

Session 1 Types Of Jacking Skidding Methods

Session 2 Jack & Pack

Session 3 Climbing Jacks

Session 4 Strand Jacks

Session 5 Strand Jack Applications

Session 6 What Is Skidding, Skidding Components

Session 7 Coefficient Of Friction, Different Materials

Session 8 Hydraulic Skid Shoe

Session 9 Hilman Rollers

Session 10 Hydraulic Gantry (1)

Session 11 Hydraulic Gantry (2)

Session 12 Airbags

Session 1 Types of Barges

Session 2 Background History

Session 4 Barge Stability

Session 5 Hydrostatic Particulars

Session 7 5 Types of

Load-Out Operations

Session 8 Type 1: Free Floating

Barge, Tidal Conditions

Session 9 Type 2: Free Floating

Barge, Non-Tidal Conditions

Session 10 Type 3: Steel Plates.

Non-Tidal Conditions

Session 11 *Type 4:* Barge

Fixed Aground

Session 12 Type 5: Beach Landing

### **ADVANCED MODULE:**

Session 1 Introduction to Center

of Gravity

Stability of Hydraulic Transporters

Session 3 Stability of Mobile Cranes

Session 4 Stability of the Load to

be Lifted

Barges







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